

## TRANSCRIPT

## Supporting Student Resiliency in Trauma-Sensitive Schools – Welcome

SPEAKER Carol Anderson, Utah State Office of Education

EVENT TITLE *Supporting Student Resiliency in Trauma-Sensitive Schools*

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## CAROL ANDERSON

Welcome, and thank you so much for being here with us today. Before I get started, just a few pieces of business. If you are here from the education field, there will be relicensure points available to you, and we will just email you out a certificate after the event. So give us four or five days to get that accomplished, but you will be receiving, through the email, a relicensure certificate for today.

With that said, before I begin I would like to kind of lay a little foundation on how we are all here today and how this event came about. It has been an extreme pleasure to be involved with the Trauma and Resiliency Coalition. We started meeting in August as a multidisciplinary group to work towards having a trauma-informed Utah community. It's been a pleasure to be part of this group, and I have learned many items from some of the folks that are here with us today—Dr. Susie Wiet, Brian Miller, and Dr. David Corwin. As we started meeting, and I started putting the pieces together and looking towards how can we look at this from an educational lens, in October we had a symposium up at the University of Utah, and that was really the beginning of our work together as the Trauma and Resiliency Coalition. It really became apparent to me that day that we needed to have an event that really focused on looking at trauma in our educational settings, and inviting our other community partners that work with the same children we do. I think that's one thing that, when I looked at the registration list, that I was so impressed with, was the people that came from so many different fields to be here today. And I thought, you know, we are starting to achieve that goal that we set out in our coalition to have a Utah-informed trauma community come together and work together towards this goal. So I am very happy as we are here today and we look forward with that.

Kind of looking at the outcomes, or our desired outcomes, that we would like to see for today, are really these things. As far as I talked about, the educational lens is just an awareness of trauma—the impacts of trauma on the youth that we all share, and their families, across the agencies that we work for, supporting our youth—and I say *our* youth, that's what I mean—as a collaborative group that we are here today, that we share those youth across the work that we do every day. And building resiliency in the youth that we work with—how do we help them achieve what they need to achieve so they can be most productive in their lives?

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And last, we are going to talk about the next steps. Where do we go from here? We are here today to build our awareness, to come together, to learn from each other, and to collaborate; but then, how do we move forward and look at moving forward with that?

It's with great gratitude I want to thank all of our presenters that are here with us today. We have both in-state presenters and people that have travelled from out of state, so I so appreciate their efforts and time to come here and support us in the state of Utah. Also, I want to give a real big shout-out to the staff of WestEd. They have been phenomenal to work with. As far as the registration, the logistics, putting together panels, communicating with our panelists, working on travel arrangements, hotel—they really made my job so much easier today as part of putting this event on and hosting them, so I gladly thank the staff from WestEd.